

Gymnastics Competition Training

Dear Parents/Carers,

We are delighted to inform you that your child has been **selected to represent Enfield Heights Academy in the upcoming Enfield Borough gymnastics competition.**

To help prepare for the competition, your child will take part in a **30 minute gymnastics training session every Tuesday afternoon**, starting on **Tuesday 6th October and continuing until Tuesday 24th November**. The competition will take place in December, with further details and information to follow closer to the time.

Training details:

- **Day:** Tuesday
- **Time:** 1:50–2:20pm (Years 1&2) 2.20-2.50pm (Years 3,4,5 & 6)
- **Dates:** 6th October – 24th November.
- **Location:** School hall
- **Facilitated by:** Mr Brown

During these sessions, the children will practise and develop their gymnastics routine, working together to prepare for the competition.

What your child needs to bring

Please ensure that your child has their **PE kit in school every Tuesday** so they can get changed before their gymnastics training session. This will allow them to participate comfortably and safely.

Thank you for your continued support and encouragement. If you have any questions, please do not hesitate to get in touch.

Kind regards,

Mr J Brown
PE Lead
Enfield Heights Academy