

Gymnastics Talent Spotting Day

Dear Parents/Carers,

We are excited to announce that **Enfield Heights Academy** will be holding a **Gymnastics Talent Spotting Day on Wednesday 30th September** for all children in **Years 1–6**.

The day will give us the opportunity to identify children who demonstrate an interest, enthusiasm and potential in gymnastics.

Following the talent spotting sessions, we will select children to represent **Enfield Heights Academy in the upcoming Enfield Borough Gymnastics Competition in December**.

Children will take part in a range of age-appropriate gymnastics activities, looking at skills such as **balance, coordination, flexibility, strength, body control and movement**.

Please ensure that your child comes to school wearing their full PE kit on Wednesday 30th September.

All children in Years 1–6 will have the opportunity to take part, so it is important that everyone is ready and appropriately dressed for the day.

We are really looking forward to seeing our pupils getting involved and showcasing their gymnastics skills!

Thank you for your continued support.

Regards,

Mr J Brown
PE Lead
Enfield Heights Academy

