



Re; Annual Flu Vaccinations

Dear Parent/Guardian,

We're coming to Enfield Heights Academy on **Wednesday 25 November** and **Tuesday 01 December** to give pupils their annual flu vaccinations.

We would like your consent to vaccinate your child. You can respond by filling in our online consent form through this link: <https://www.manage-vaccinations-in-schools.nhs.uk/consents/FXmFDiy1wo/flu/start>

About the children's flu vaccine

The vaccine protects against flu, which can cause serious health problems such as bronchitis and pneumonia. It is recommended for children from reception to Year 11.

[Find out more about the children's flu vaccine on NHS.UK](#)

You can also find a range of [information resources about the vaccine on GOV.UK](#), including in other languages.

How the vaccine is given

Most children are given the vaccine as a nasal spray. This is a quick and painless spray up the nose and offers the best protection against flu.

However, the nasal spray does contain a small amount of gelatine derived from pigs. If your child does not use gelatine products, or cannot have the nasal spray for medical reasons, **you can choose an alternative injected vaccine that has no gelatine**. You can request this in the consent form.

[Find out more about the use of gelatine in the flu vaccine \(including views of faith communities\)](#).

How to respond

It's important to let us know whether you **do or do not** want your child to have the vaccination. It will take less than 5 minutes to respond using the link.

<https://www.manage-vaccinations-in-schools.nhs.uk/consents/FXmFDiy1wo/flu/start>

You need to respond by **Monday 30 November**.

If you cannot use the online form, you can respond over the phone using the contact details below.

If you do not respond, you'll get automatic reminders. Responding will stop reminders.

Young people have [the right to consent to their own vaccinations](#) if they show they fully understand what's involved. Our team might give young people this opportunity if they assess them as suitably competent.

If you have any questions, you can speak to a member of our team on 020 8150 7505, or email enfield@v-uk.co.uk.

Kind regards,

Enfield School Aged Immunisation Team.