

ENFIELD HEIGHTS ACADEMY RECEPTION

Information for parents and carers



Enfield
Heights
ACADEMY

Member of
North Star
Community
Trust


NORTH STAR
COMMUNITY TRUST



Dear families,

We are delighted to welcome you to Enfield Heights Academy and look forward to working with you as your child begins their Reception journey with us.

At Enfield Heights Academy, we believe that children do best when school and families work closely together. Starting Reception is an important step, and we want every child to feel happy, safe and confident as they settle into school life.

Please speak to us if you have any worries or questions, however small they may seem. We are here to support you and your child, and we want you to feel part of our school community from the very beginning.

In this booklet, we have included some important information about starting in Reception. We hope you will find it useful and you may wish to keep it for your reference. Please read it carefully before your child starts with us in September.

By the end of Reception, we want our children to have grown in confidence and independence. We want them to enjoy learning, make friends, develop good routines and feel proud of what they can do.

We look forward to getting to know you and your child, and to making their Reception year a happy, positive and successful start to their time at Enfield Heights Academy.

You will also find more information about the school on our website.

Thank you

Stella Gannon

Headteacher

Starting School

You should have received a letter via email inviting you to a meeting in July where you will have the opportunity to meet your child's teacher, teaching assistants and senior leadership team. If your child is new to our school, you will also receive a letter inviting you and your child to a 'Stay and Play' session. This will be a great opportunity for children to meet each other and to explore their new setting.

Our 'Working in partnership' booklet

During the 'Stay and Play' session, we will be going through our 'Working in partnership' booklet with parents/carers. This gives us the opportunity to discuss strengths, concerns, hopes and expectations with you about your child.

We value any information that you have which can help complete a successful transition from your home environment into school life.

Starting school is a very exciting time of your child's life but can be a little overwhelming. To make the transition easier, the class teaching team will conduct a 'Home Visit' in the first week of September to see you and your child at your home. This short visit is extremely important. During the home visit, you will have the opportunity to ask any questions or have any worries answered by the team.

School day

Staggered Start Times For the first week (only):

Mornings: 8:45am–11:15am (2 days), 8:45am–12:30pm (2 days)

Afternoons: 12:45pm–3:15pm (2 days), 11:15am–3:15pm (2 days)

This staggered start benefits the children to settle into school in smaller groups. We have found that this helps children to make friends and get to know the staff and the school building. A letter explaining staggered times will be sent to you.

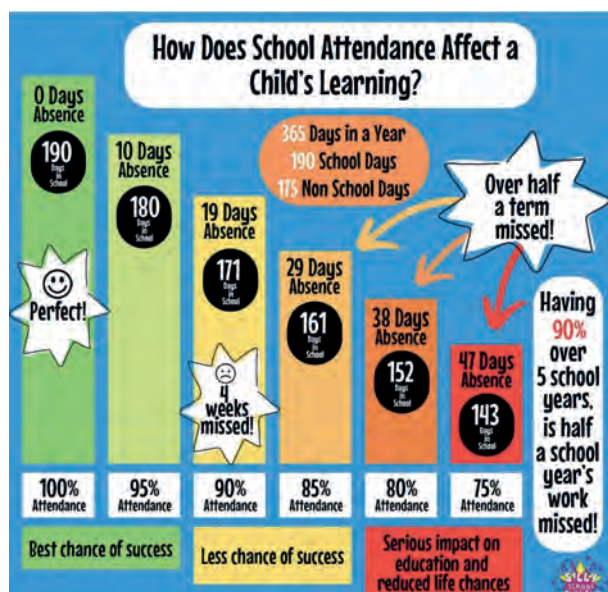
Once your child starts full time (usually two weeks into September) the school's hours are:

Start Time: 8:45am **Finish Time:** 3:25pm

Please keep to the dropping off and collecting times. Children arriving late or being collected late can become distressed. We ask that you always phone us if you are running late so that we are able to reassure your child that you are on your way.

Children must be collected by a known adult or senior school aged child, not a primary aged child. If for any reason a different person is collecting your child, please let the class teacher or a member of the office staff know in advance.

Attendance and Punctuality



It is important that children do not miss school unless it is completely necessary. As a school, we do not authorise holidays during term time and regularly review the attendance of every child. You can see in the diagram 'How Does School Attendance Affect A Child's Learning?' just how important excellent attendance is. Even if your child has a 90% attendance record, which may at first sound good, this still means that over the course of 5 years that they would actually miss half a school year's work. If you need any help or support with helping your child to attend school, please do get in touch so that we can support you.

Uniform

All children are expected to wear school uniform and to come to school smartly dressed. Our uniform is available from Uniform for Kids and Smiths Schoolwear. We keep items with logos to a minimum to help with the cost. This enables our families to get many of the uniform items from supermarkets and high street outlets. There is also a hardship fund which families can apply to if they need help and qualify for support.



Our school uniform



School tie



White shirt



V Neck grey jumper



Cardigan



Grey trousers



Grey pinafore



Grey skirt



Red gingham dress

White shirt (*long or short sleeved. Not polo*)

School tie

V-neck grey jumper or cardigan (*with school logo*)

Grey skirt

Grey trousers

Grey pinafore

Black / grey shorts (Summer)

White, grey or black socks

White, grey or black tights

Red gingham dress (*Summer*)

Black shoes (**preferably shoes with no laces for Reception children*)

PE Kits	
Indoor PE kit	Outdoor PE kit
Black shorts	Black jogging bottoms
White T-shirt	Black Enfield Heights PE jumper (with school logo)
Black plimsolls	White T-shirt
Grey pinafore	Black trainers
White socks	White, grey or black socks

Marking clothes

It is important that your child's clothes are clearly marked with their name. Children's clothes may not only look the same but may also be the same size. It is very upsetting for a child if they come home wearing somebody else's clothes. Labelling pens and woven labels may be purchased locally.

Eating breakfast every day

Children need a good breakfast before they come into school.

Research has shown that children who skip breakfast perform less well academically, socially and emotionally, whereas eating breakfast improves children's problem solving abilities, their memory, concentration levels, visual perception and creative thinking.

A hungry child is a sleepy child. Sometimes low blood sugar levels can make a child irritable. Give your child time to eat well in the morning.

After School Care and Breakfast Club

There is After School Care and Breakfast Club for parents who work or are studying. There is information and a form on the school website or you can pop into the office to collect a copy.

Fruit snacks and lunch

Children are provided with a piece of fruit or vegetable every morning as part of the National Fruit Scheme, to support healthy eating. We require the children to bring their own named water bottle which can be refilled at school.

Your child has the option to have either a school dinner or bring in a packed lunch. All children in Reception to Year 6 are entitled to a Universal Free School Meal and no payment is required.

Teachers and teaching assistants take the children from their classes over to the dining hall at 11.30am and then the teaching assistants supervise their play in the playground after they have eaten.

Please note that fizzy drinks and sweets/chocolates are not allowed to be brought in children's lunch boxes. Enfield Heights Academy is also a NUT FREE school. Please do not include any items in lunch boxes that contain nuts, such as 'Nutella', peanut butter sandwiches or other nut items.

Children are encouraged to eat as much as they can. If your child experiences problems at lunchtime, we will let you know.

Health issues – let us know

If your child has a medical problem or allergies which might affect them in school, we need to know. It will help us ensure, for example, that any cooking ingredients used are suitable for all the children.

If your child uses an inhaler, we can supervise its use during the school day. Inhalers are kept in a locked medical room and children use them under the supervision of the school's welfare assistant. We must have a letter from a GP/ doctor giving precise instructions of dosage. Please note that medication is not administered by staff unless it is part of an emergency care plan which has been agreed by the headteacher.

The school nurse, dentist and audiometrician visit children during their primary school years. We will inform you when your child is due to be seen.

Playtimes

The Reception children have a separate play area to the rest of the school as we want them to feel safe and secure. Many aspects of the Early Years Foundation Stage (EYFS) curriculum are delivered outside and the children will spend time outside every day. Children are able to develop skills across all areas in both the indoor and outdoor environment.

Our school values, rules, routines and expectations

Enfield Heights Academy is a school that prides itself on being able to balance warm, friendly and kind relationships alongside high standards and high expectations for everyone.

In everything we do, we teach children to follow our school values and drives to achieve our school's vision and to help them to succeed at school and in life.

Our school values of **Respect, Kindness, Resilience and Bravery**, as well as a set of non-negotiable behaviour expectations, are designed to keep everyone happy and safe and provide an agreed framework in which we can all work and learn effectively.

We believe in using positive reinforcement and setting good examples as a tool to support good behaviour and behaviours for learning.

Teachers will talk to you frequently if there are any concerns regarding behaviour. Please ensure that we are all familiar with our policies and expectations and please align with them so that we are all pulling in the same direction. Policies can be found on our school website under the policies section.



Curriculum

The Early Years Foundation Stage (EYFS) curriculum is play-orientated and based on the premise that children learn from the first-hand experience. Learning is further enhanced through 'Focus Group' work with class teachers and Teaching Assistants (TAs).

THREE PRIME AREAS OF LEARNING & DEVELOPMENT:	FOUR SPECIFIC AREAS OF LEARNING & DEVELOPMENT:
Communication & Language - Listening, Attention & Understanding - Speaking	Literacy - Comprehension - Word Reading - Writing
Physical Development - Gross Motor Skills - Fine Motor Skills	Mathematics - Number - Numerical patterns
Personal, Social & Emotional Development - Self-Regulation - Managing Self - Building Relationships	Understanding of the World - Past and Present - People, Culture and Communities - The Natural World
	Expressive Arts & Design - Creating with Materials - Being Imaginative and Expressive

Phonics Read Write Inc.

Enfield Heights Academy follows the Read Write Inc. scheme of work and children will work in matched level learning groups after the first half term to develop their phonic knowledge that will help them to read and write.

Children are introduced to the set 1 phonics sounds. A new sound is introduced in each lesson. The lesson focuses on hearing the sound, reading the sound, writing it and also blending words with the focus sound in it.

Once the children have a secure knowledge of the 31 set 1 sounds, they are introduced to a 'bridging the gap unit' encouraging them to apply their phonic knowledge to read short sentences and short stories by blending the sounds they hear. Once children can confidently read these sentences, they will move to the higher stage reading books.

Comprehension of a text is key to developing children's understanding. Finally, fluency and pace is important to ensure your child is a fluent reader. Your child will be encouraged to read clearly and with ease in order to progress within the programme.

A useful phonics website for parents: www.ruthmiskin.com

Home learning

Please look at our website (under Policies) to read our Home learning policy and find out about the type of tasks Reception children receive as part of their home learning.

Go to www.enfieldheightsacademy.org.uk/Policies and then 'Home Learning Policy'.

Please ensure you are reading a bed time story to your child every night to support their understanding of different stories.





TAPESTRY Learning Journal

You should have been given a consent form for Tapestry.

Tapestry is an important Online Learning Journal system where staff record your child's progress and activities using tablet devices (iPads) and PCs. Parents and carers can view their child's journal on mobile devices and on their home computers, and can make observations of their own using a secure login.

This creates two-way communication between us (the EYFS team), and you (the parents and carers).

All children also have Maths and Literacy books in school and you will be able to see their progress in these during parent consultations.

Equal opportunities

We work hard to ensure that every child, regardless of race, religion, culture or class has an equal chance to develop fully. We value a child's home language and encourage the use of it in spoken and written forms in our school. All the children are equal in our esteem and affection. We are totally opposed to racism or discrimination in any form. We avoid sexual or racial stereotyping and encourage every child to have a positive image of themselves and respect for others. Children may only call each other by their given names.

We see the rich variety of cultures in our community as a positive asset to your child's education. We celebrate a range of festivals throughout the year, including Diwali, Christmas, Chinese New Year, Eid and Hanukkah.



How can I help my child prepare for school?

- Talking and Listening
- Do you talk with your child? If you do, you are already giving them the best help there is.
- Your child will need oral skills – speaking, listening, asking questions – to get the best out of learning.
- Listen to your child with interest.
- Answer your child with care.
- Consider his or her opinions.
- Make time to enjoy talking together.
- Get into a routine of asking them about their day: “Tell me two good parts of your day. Tell me one thing you are going to do differently tomorrow.”

Practise basic phonics in everyday settings

Play Alphablocks on CBeebies to encourage phonics: practise using sounds, segmenting words and blending them with your child.

Recognise sounds and words in the environment around you to help your child hear the initial sound in words – e.g. look at that t-ree, first sound ‘t’.

Segment sounds in words orally while doing your usual daily routine – e.g. get your c-oa-t on, where is your b-a-g.

Play I spy but sound out the word and see if your child can blend it – e.g. I spy with my little eye a d-o-g.

Explore rhyming words and continue singing or listening to nursery rhymes.

Numeracy

If you want to get started on basic numeracy skills, CBeebies has similar resources called Numberblocks.

Other things you can do

- Encourage them to tidy up their toys and doing simple household chores – giving them responsibilities will help them to become more independent.
- Help them to recognise their name in writing and to consistently respond to it verbally. Create a coat and shoe peg at home with their name on it to help get them used to having something similar at school - it seems like a simple thing but it'll help when we ask your child to go and fetch their coat!
- Encourage them to clean well after using the toilet and wash their hands thoroughly.
- Can your child get dressed by themselves? Practise getting dressed and undressed independently at home as they will be happier if they are independent.



Help your child by practising:

• jumpers • zips • buckles • buttons • shoes

- Remember to put a label on all clothing to prevent distress if clothes are mislaid.
- Do turn-taking activities, such as playing with a toy – this helps them to get used to taking turns and also to understand the concept of sharing. Lots of the learning in Reception happens through play. Get down onto the carpet so you're at their level and enjoy some play with your child. Follow their lead with what they're doing or how they're playing. Then, try to get them to follow your lead and also create games together. This will help them to get used to playing and engaging with other children.
- Encourage them to ask the right questions to ask for help: "Where can I find the tissues please?" "Can you help me put my apron on please?"
- Encourage them to eat with a real knife and fork; scrape food off their plate after meals and tidy up after themselves.
- Give them a space in the home where their book bag goes so they can remember to bring it to school.
- Take them to the library so that they have the experience of choosing their own books.
- Have a bed time routine e.g. bath and reading before they go to bed. Read Aloud is one of our reading initiatives. We want parents to read to their children every day for 15 minutes.
- If you put them to bed early they will be able to get up early and be in a positive mood for school. If they go to bed late, they may be too tired to learn properly.
- Nurture curiosity in your child through showing them how to ask questions and how to be interested in everyday and peculiar topics.
- Limit screen time for your children after 6pm so that they are calm and ready for bed.
- Involve them in the daily tasks around the home: "Can you set the table so we all have a plate each?", "Tomorrow is Tuesday so can you bring your bin downstairs for the rubbish?", "Before 6pm put all the books away."
- Make a visual calendar of their week, so they know the school days from the weekend and the days they have after-school activities or PE.
- Praise your child for trying rather than achieving something. This is how resilience is built, where children build their confidence even if they haven't achieved their end goal.



PTA – get involved

We encourage parents and carers to become involved as much as possible in order to feel part of the Enfield Heights family. The Parent Teacher Association (PTA) work hard together to organise and run fundraising events throughout the year including, cake sales and the Winter and Summer fairs.

Community Outreach team

Our Community Outreach team work with families and outside relevant agencies to support children's learning and help families during their time at the school.

With the help of teachers and staff, the Outreach team can help our families by offering support in parenting skills, and understanding the school curriculum; as well as in learning English or simply providing you with opportunities to meet other parents and carers. They have liaised with major food companies like Tesco, Farmfoods, Greggs, Waitrose and the Felix Project who kindly provide weekly food donations for families.

Arbor – paying for things

Arbor is a simple, safe and secure system that allows you to make payments for trips, clubs and school meals. It also enables you to receive and respond to messages from the school and to update information we hold about you and your child. It has the added advantage of coming with an App that you can download onto your phone for ease of use from the App store or Google Play store. You can also use Arbor from a PC or tablet as well. If you are new to the school, you will receive an email for this once your child starts Reception.

Frequently Asked Questions

Q: WHAT DOES MY CHILD NEED ON THEIR FIRST DAY AT SCHOOL?

A: Please ensure your child is wearing their school uniform. They will also need a water bottle. Everything needs to be clearly labelled with your child's name.

Q: WHEN CAN I SPEAK WITH THE TEACHER?

A: You can make an appointment to meet with the class teacher before or after the school day. Please remember that in the mornings and at the end of the day the teacher's priority is to get the children into class safely and then release them to their parent or carer at the end of the day.

Q: HOW DO I LET THE SCHOOL KNOW SOMEONE ELSE IS PICKING UP MY CHILD?

A: If you are running late you can call the school with the details of who will collect your child and the office staff will pass the message on to the teacher.

Q: WHAT DO I DO IF MY CHILD IS SICK?

A: Please call the school office before 9am and speak to the office staff. Your child may still want to come to school even if they are unwell but please ensure that you keep them at home if you think that they could infect other children. If your child has vomited they must not return to school until 48 hours after their last bout of sickness in order to avoid spreading infection. The children in Reception to Year 2 will also wear a green coloured wrist band as a visual reminder that they have been to the welfare room.

Q: WHAT DO I DO IF MY CHILD HAS A MEDICAL APPOINTMENT?

A: We ask that wherever possible medical appointments are arranged outside of the school day. If you do need to take your child to a medical appointment during the day, please bring your letter to the office who will take a photocopy of it. Ensure that you sign your child in and out of school.

Frequently Asked Questions

Q: CAN MY CHILD WEAR JEWELLERY?

A: For health and safety reasons children are not allowed to wear jewellery to school other than small, stud earrings.

Q: CAN MY CHILD BRING A SNACK FOR MORNING BREAK?

A: The government supplies free fruit for all Reception and Key Stage 1 pupils which they are given during the morning break, so it is not necessary for them to bring a snack to school.

Q: CAN MY CHILD BRING THEIR OWN WATER TO SCHOOL?

A: Yes, we encourage children to drink water during the school day. Please clearly label your child's water bottle.

Q: WHAT HAPPENS IF MY CHILD HURTS THEMSELVES DURING THE SCHOOL DAY?

A: Our staff are trained to attend to the children. If a child has bumped their head an email will be sent to you and you will receive a call from a member of staff to make you aware. The children in Reception to Year 2 - which will include Reception children - will also wear a green coloured wrist band as a visual reminder that they have been to the medical room.

Q: HOW DO I PAY FOR TRIPS AND EVENTS?

A: You can pay for trips and special workshops or visitors using Arbor. We do not take any cash or cheques. Arbor is a secure online payment system that every parent/carer will now be using in the school. If you are new to the school, you will receive an email for this once your child starts Reception. The email will have an activation link and instructions on how to set up your Arbor pay account. Please contact the school office if you have any questions.

Our mission

Our school is part of North Star Community Trust, an educational charity that manages a family of 4 academies in North London, educating some 2,600 pupils from 2-years of age to 18. As partners in our community, our vision is to help as many children as possible to succeed at school and in life.

To summarise our mission, we use three words for everyone to remember on a daily basis: Education, Community and Opportunity (ECO). By being 'Stronger Together' in our educational quality, our parental and community engagement, our investment in our people and our sustainability, we can meet our specific pledges to all of our children, communities and staff.

**STAY
IN
CONTACT**

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