

22nd June 2026

Keeping Cool During the Hot Weather

As temperatures are forecast to remain high over the coming days, we wanted to let you know about the measures we are taking to keep children safe, comfortable and ready to learn while in school.

The wellbeing of our pupils is our priority, and we will be making several adjustments to our normal routines to help everyone stay cool throughout the school day.

What School Will Be Doing

Children can wear PE kits all week (without PE jumper)

Classrooms will be kept as cool as possible through ventilation, blinds and shaded areas where appropriate.

Pupils will have regular opportunities to drink water throughout the day.

Additional water breaks will be built into lessons and playtimes.

Outdoor activities will be limited during the hottest parts of the day.

PE lessons will be postponed.

Teachers will provide calm, low-energy activities during the warmest periods of the day.

Staff will closely monitor pupils for any signs of overheating or discomfort.

How Parents Can Help

Please can you:

Ensure your child comes to school with a clearly named water bottle.

Apply a long-lasting sun cream before school.

Send your child to school wearing their PE kit without jumper.

Ensure children wear a named sun hat or cap for outdoor use.

Encourage your child to drink plenty of water before and after school.

After school clubs cancelled (Tuesday – Friday)

Due to the extreme weather forecast this week, we have made the decision to cancel all after-school clubs from Tuesday to Friday.

All children should be collected at their usual home time of 3:25.

The heat means the classrooms will be extremely warm by the afternoon and due to our limited indoor space, we would not be able to accommodate all the groups safely at the same time. We are making this change purely to look after the health and comfort of our pupils.

Please note ASC will continue as normal with provision put in place.

We will continue to keep you updated on any further measures put in place during the week.

Thank you for your support and co-operation. By working together, we can ensure that all children remain safe, comfortable and able to enjoy their learning despite the warmer weather.

Kind Regards,

Ashan Venn
Deputy Headteacher

[Enfield Heights Academy](#)