



SIGN UP FOR FEMALE FOOTBALL SESSIONS

Tottenham Hotspur Foundation are launching a dedicated football hub focused on empowering women and girls to play with confidence, develop their skills, and thrive in a supportive and inclusive environment.

Sign up today and take your next step towards a stronger, more confident you.

Programme Details

 Every Monday, starting from 23rd Feb

Session times:

- Lily's Little stars | 5:00–6:00pm – age 5–11
- Next Generation | 5:30–7:00pm – age 12–17
- Women's Walking Football | 6:00–7:00pm – age 30+

Venue:

Southbury Leisure Centre 11 aside Astro pitch, EN1 1YP

To find out more email:

Demani.dossantos@tottenhamhotspur.com

SCAN TO SIGN UP

