

Dear Parents and Carers

Anti-Bullying Week 2025 will take place from Monday 10th to Friday 14th November. This year's theme is "**Power for Good**," which encourages individuals to take small actions that can make a significant difference in promoting kindness and respect. The week aims to raise awareness about bullying and foster a culture of inclusion in schools and communities.



At Enfield Heights Academy all the children will take part in a range of activities throughout the week to raise awareness and to explore key anti bullying themes.

Classroom teams will support pupils to consider how we should treat others and how we should expect to be treated ourselves. Children will reflect on what 'power for good' and positive relationships look like, as well as how to deal with negative attitudes and behaviour. They will also explore online safety and the concept of cyber bullying.

On **Monday 10th of November**, as part of Anti-bullying Week, Enfield Heights Academy will be taking part in **Odd Socks Day**. This day is an opportunity for children to express themselves and celebrate their individuality and uniqueness. Children are therefore invited to come to school in a **pair of odd socks on this day**.



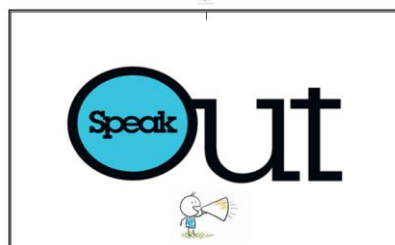
By engaging in anti-bullying sessions and proudly wearing odd socks, the children will make it clear that we do not tolerate bullying in any shape or form at Enfield Heights Academy. We will continue to raise awareness about bullying and rehearse our SPEAK OUT approach.

In the “**Speak Out**” approach” the children are given three steps to dealing with behaviour which makes them unhappy at school.

Step 1. If someone makes you unhappy at school through their behaviour or what they say to you, say “**Stop it, I don’t like that,**” –**Speak Out.**

Step 2. If the behaviour continues, try again and say “**Stop it, I don’t like that,**” –**Speak Out.**

Step 3. If the behaviour which is making you feel unhappy still continues, find an adult and tell them - **Speak Out.**



If any parents and carers would like more information about Anti-Bullying week, please look at resources that you can use to support your child at home: [Parent and Carer Pack - Anti-Bullying Week 2025 - A4](#).

Yours sincerely,

Mr Currie

Behaviour and Attitudes Lead
KS2 Teaching and Learning Lead