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¹⁰ (convenient to determine) also applies to the case: angle of E_1 is not the right quantity.





The schedule

- Wednesday 18th June 2025

We will be leaving school as close to 9.15am as possible, so we will arrive at approximately 10:30. Children will have time to settle in before lunch. After lunch the activities begin.

- *Breakfast 07:45, Lunch 12:45, Evening Meal 17:15 every day*

- Friday 20th June 2025

We will leave Danbury at 14:00 and expect to be at school for 15:30

Enfield Height Academy 18th – 20th June 2025		
	Group 1	Group 2
Wed 18th June		
13:30 – 15:00	Vertical Challenge	Low Ropes
15:00 – 16:30	Zip Wire	Orienteering
Thur 19th June		
09:30 – 11:00	Leap of Faith	Problem Solve
11:00 – 12:30	Low Ropes	Zip Wire
13:30 – 15:00	Orienteering	Leap of Faith
15:00 – 16:30	Archery	Caving
Fri 20th June		
09:30 – 11:00	Problem Solve	Archery
11:00 – 12:30	Caving	Vertical Challenge



18th June

9.15am - leave school as close to this time as possible.

10.45am - arrive at Danbury. (check in & children to settle in rooms)

12.45pm - lunch and play. (Tell children their 'day groups' after lunch)

1.30pm Activities begin.

4.30pm end of activities - back to rooms

5.15 - 6.15pm - dinner


6.30pm - 7.30pm evening walk / activity

7.30pm - 8.00pm - Hot chocolate

8.00pm - 9.00pm - Shower

9.00pm - room inspections

9.30pm - Lights out.



19th June

7.30am - wake up

7:45am - 9:30am - Breakfast and getting ready

9.30am activities start

12.45pm - 1.30pm - lunch

1.30pm - 4.30pm - activities

5.15pm - 6.15pm - dinner


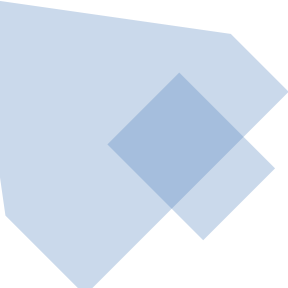
6.30pm - 7.30pm evening walk / activity

7.30pm - 8.00pm - Hot chocolate

8.00pm - 9.00pm - Shower

9.00pm - room inspections

9.30pm - Lights out.



20th June

7.30am - wake up

7:45am - 9.30am - Breakfast and getting ready


9.30am activities start

12.45pm - 1.30pm - lunch

1.30pm - 2.00pm - pack everything up

2.00pm - leave Danbury

3.30pm ETA



Food

All meals are catered for by Danbury Outdoors. You do not need to pack any food for your child during their stay – we will provide snacks on day 1 at arrival.

We have sent dietary requirements to Danbury.

Example menu:

Breakfast: Cooked breakfast, continental pastries, cereal, toast, yoghurt, fresh fruit

Lunch: Baguette / rolls / wraps, choice of fillings, fresh fruit

Dinner: Spaghetti bolognese, garlic bread, salad, desert: chocolate gateau, fresh fruit

Supper: Hot chocolate, biscuit

The dining hall is open all day for drinks

The catering team are experienced in dealing with different dietary requirements. Please ensure that you pass dietary requirements in advance so we can make the necessary arrangements. You are welcome to send your child with some specialist items, if you wish.

Danbury Outdoors promotes safe, enjoyable, learning experiences for children and adults. This means, your safety is our priority. If you are safe on an activity, you'll have fun on an activity. If you're having fun...chances are you'll learn something!

Please be encouraging of the opportunities available to try new activities and experience new environments. We will not force your child to do anything they really don't want to do, but we will encourage them to have a go at things and try them out. We want to build your child's self confidence, self esteem and resilience, not hold them back. Children are encouraged to work together and support one another in all aspects of the residential visit.

Staff

All staff are:

- Fully trained to deliver activity sessions at Danbury Outdoors
- First aid trained
- Child protection trained and;
- Have undergone an enhanced DBS check

There is a duty member of staff on site 24/7 during your stay

Site and grounds

Danbury Outdoors site is secured with a perimeter fence and an electronic gate system



Please make sure you bring:

- Plenty of underwear
- Old clothing which is ok to get dirty (a big plastic bag to put it all in when its dirty!)
We do not change between each session (unless your child's health is at risk).
the instructors get dirty and so will your children, it's part of being in the outdoors!
If you don't want it to get dirty, don't pack it.
- Fleece / hoodie (x2)
- Tracksuit bottoms (rather than jeans)
- Old trainers x2 (proper footwear must be worn on all activities, no sandals, flip flops etc.)
- Sensible pyjamas, suitable for a dormitory (onesies are not good in the cabins – it is too warm for them!)
- Waterproofs (a jacket is essential any time of the year; waterproof trousers are good if you have them)
- Sun hat and sun block / warm hat and gloves (depending on time of year)
- **Towel and wash kit**
- **A pillow, bed sheet and sleeping bag or duvet**

Please make sure you bring:

Medication

(this includes travel sickness and hay-fever medication)

- Please clearly name any medication
- Parents/carers must **complete a form** listing the medication, when it needs to be administered and dosage.
- All medication will be kept with an adult who will administer the medication.

Please use your handout to support with packing.

- Ensure that your child packs their bag with you so they know where everything is.

Year 6 Residential

Please find below suggested Kit List.

We have added a tick list section to help your children to know what they have packed at home and at the centre when they are packing up. We hope this is helpful!

No electrical items / phones / devices please.

Kit List

Clothes	Number of items	Packed at home	Packed at centre
Jogging bottoms			
Sweatshirts			
T shirts			
Old trainers			
Wellington boots / walking shoes			
(No bedding is provided) Please bring a single duvet, bottom sheet and pillow, OR sleeping bag, bottom sheet and pillow			
Warm jumpers			
Nightwear			
Underwear			
Waterproof coat			

Toiletries				
Toothbrush				
Toothpaste				
Facecloth				
Soap/shower gel				
Sun cream (if warm)				
Hair bands (for long hair)				
Towel				

Other			
Bin bag for dirty clothes			
Reading book			
Gloves / hat / cap (depending on weather)			
Disposable camera			
Water bottle to be filled up			

Please do not bring:

- Jewellery
- Electrical equipment; mobile phones, personal music players
- Make-up, hair straighteners
- Money
- Anything you don't want to get muddy, lost or broken

Children only need a small overnight bag for this trip. There is not the required space for children to bring large suitcases, which would be unnecessary given to short length of time that we are there.

Children should be able to carry their own luggage to and from the accomodation.

Parent updates

- The office will send an update of the events of the day and how the children are doing. This text will be sent out close to 4.00pm each day.



Behaviour

- Expectations of children's behaviour will remain the same as if they were at school. Children will be led by instructors who expect good listening throughout their time – this is especially important considering the activities children will be participating in.

Staff

1

Mr Currie – Year 6
class teacher and
upper phase lead

2

Mr Palmer – Year 6
LSA

3

Miss Michael-
accelerated teaching
and learning lead

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