

**At Enfield Heights Academy, we are KIND, RESPECTFUL, RESILIENT and BRAVE.
We are the Force for Positive Change.**

27th January 2025

Dear Parents and Carers,

I hope this email finds you all well.

Public Health advice

During last two weeks a number of pupils and staff have been unwell with [respiratory symptoms](#) (including COVID-19 and Flu) within the school. Please access the letter from Public Health that we forwarded to parents/cares on Thursday 23rd January here <https://www.enfieldheightsacademy.org.uk/file/67925bfbaf1f9>. It contains information and actions re **Acute Respiratory Infection symptoms**.

The school remains open and anyone who is feeling well should continue to attend as normal. **Please note**, that if anyone with a **high temperature or feeling unwell**, should **NOT** attend school, nor should they mix with others outside of the setting, until they no longer have a high temperature and are well enough to attend. Anyone with a complex medical history (e.g. long-term underlying illness), **should seek prompt medical advice from their doctor/GP** if they develop any respiratory symptoms.

For further information click here:

[Living safely with respiratory infections, including COVID-19](#)
[People with symptoms of a respiratory infection including COVID-19](#)
[Respiratory tract infections \(RTIs\) - Flu](#)

Online Safety -Thursday 13th February at 9-10am in the school hall.

For Safer Internet Day and Online Safety Week, we have invited ECP (Safeguarding Consultant) to deliver an informative coffee morning for parents and carers, exploring apps, gaming trends, cyberbullying, uncovering the reality of social media's impact on mental health, the risks of sharenting, and grooming. They will also share supportive resources. **Stay informed**. Please attend this **IMPORTANT SESSION** to protect your child.

Later on in the day, all the classes will have a workshop to go over internet safety and online risks in age-appropriate way. After school all staff will also receive this extremely important training.

Community Coffee Meet Up: Healthy Relationships

Last Thursday (23rd January) we hosted a coffee meet up session dedicated **to Healthy Relationships** and run by TENDER as part of RE:SET programme that supports us in gaining accreditation to become HEALTHY RELATIONSHIPS CHAMPION SCHOOL. If you missed this session, our Outreach Team is running a follow up session on Monday 3rd February at 9am-9.30am in the Meadow room at school. There will be handouts and summary of the key points from January 23rd. Please save the date.



Tender UK will be running two more sessions for our parents and carers as part of RE:SET programme on:

20th March 9-10am in person at the school hall

Topic: Supporting children to manage their emotions

20th March 4-5pm online (Eventbrite link will be sent out)

Topic: Change and Transitions

These are really informative expert led sessions that can make a huge difference-please consider attending them if you can. To find out more about RE:SET, please visit: www.tenderreset.org.uk

Successful Maths Workshops

Throughout this half term, Mrs Ubor, our Maths Lead, and class teachers have been running a set of Maths workshops and class visits. We have had three successful workshops so far (Year 6, Year 4 and Year 1) where parents/carers had a great opportunity to learn with their child in class following a short presentation in the hall.



The remaining workshops will happen on the following dates.

Year Group	Workshop	Date and Time
Reception	Maths Workshop An Introduction to 5 counting principles and how maths in reception prepares children for National Curriculum in Year 1	Tuesday 4 th February (9-10am) Hall
Year 2	Maths Parent Workshop and Class Visit A workshop followed by a Maths activity with your child in the classroom	Monday 27 th January (9-10am)
Year 3	Maths Parent Workshop and Class Visit A workshop followed by a Maths activity with your child in the classroom	Thursday 30 th January (9-10am)
Year 5	Maths Parent Workshop and Class Visit A workshop followed by a Maths activity with your child in the classroom	Friday 7 th February 9-10am

We look forward to seeing you.

Children’s Mental Health week- 3rd – 7th February 2025.

Children’s Mental Health week is the 3rd– 7th February this year. This year’s theme, “**Know Yourself, Grow Yourself,**” focuses on fostering self-awareness and encouraging children to explore and develop their emotional well-being. To start off the week, we will be holding a special assembly on Monday, 3rd February to introduce the theme and provide an overview of the activities planned for the children.

As part of Children’s Mental Health Week, the charity Place2Be, in collaboration with Here4You and supported by The Walt Disney Company, has provided a variety of engaging resources designed specifically for schools. These activities aim to help children reflect on their emotions, develop resilience, and build a greater understanding of themselves and others.

Miss Cooper set up an enjoyable home learning to all the children. She would like everyone to watch the following movies: **Inside Out and Inside Out 2**



We hope you have fun watching those movies together with your child.

Class assembly for Year 4 and Year 5 parents and carers

Year group	Date/Time
Year 4	Thursday 6 th February
Year 5	Friday 31 st January

WINTER FUNDRISE events-PLESAE SUPPORT KS1

Years 1, 2 and 3 will be running fundraising events over the next weeks to raise money for YOTO Reading/Listening resources for their Guided Reading in class. All events will run after school in the playground. Please bring cash to pay for the treats.



<p>Year 1 will sell hot chocolate on Thursday 30th and Friday 31st January.</p>	
<p>Year 2 will sell their Artwork related to Valentines Day on Thursday 6th and Friday 7th February.</p>	
<p>Year 3 will sell Valentine Cookie Treats on Wednesday 12th and Thursday 13th February.</p> <p>There will also be Mrs Powrie's surprise treats to get for £1 😊. Don't miss out.</p>	

If anyone would like to support KS1 by baking Valentine treats, please let us Mrs Salik, Mrs Ubor or Miss Cooper know.

“Brighten Your Bag” competition

I am excited to announce “Brighten Your Bag” competition in support of road safety with the Travel for Life! Travel for Life is Transport for London’s flagship scheme to encourage young Londoners to travel actively, responsibly, and safely to school.

The Brighten Your Bag initiative is a creative and fun way to help pupils understand the importance of being visible during to road users during the darker winter months. By decorating their bags with florescent and reflective materials, pupils can be seen more clearly by pedestrians, cyclists, and drivers on their journeys to and from school.

Taking part will help improve your child’s knowledge on this important road safety message and will enable them to action it. This will create safer journeys for pupils to and from school, and beyond.

For this competition, we ask that you send your child to school with a bag that you are happy to be permanently altered with decorative, bright, reflective materials. They can use any bag to decorate- drawstring bags, back packs, tote bags, even a plastic bag could work! **Deadline: 14th March 2025**

For more information on the Brighten your bag activity, visit Brighten your bag on the TfL Travel for Life website [Brighten your bag - Travel for Life](#)



Thank you for your support. We are looking forward to a fun and educational day for all involved.

INSET Day- 14th February

Please remember school is closed for pupils.

Other Key Dates for your diary

Key Events	When	Notes for Parents
Online Safety Day	Thursday 13th February	Online safety meeting for parents 9-10am Workshops for children and staff
World Book Day	Thursday 6th March	<i>More details to follow</i>
Parents Consultations for Year 5 only	Wednesday 12 th February	9am-3pm Normal school day for children
Multiplication Tables Check (MTC) Year 4 only Parent Meeting	Thursday 27 th February	9-10am in the hall <i>An explanation of what the MTC Check looks like for your child</i>
Comic Relief	Friday 15th March	<i>Non-uniform day tbc</i>
Parents Consultations	Thursday 27 th March	<i>School closes at 1pm-no afterschool clubs</i>

Daffodil Breakfast (Year 1+2)	Thursday 3 rd April	Hall 9.15-10.15am -Parents/Cares Welcomed
Whole school Cuban Percussion Workshop	Tuesday 22 nd April	Lunch in the classrooms (sandwiches)
Spanish Language Day	Wednesday 23 rd April	<i>Non-uniform day (details to follow)</i>
Sports Day Reception	Monday 24 th June	Afternoon- Exact times to be confirmed/Muga
Sports week	w/c 16 th June	Exact dates/ times to be confirmed/Field
Year 6 Residential Trip to Danbury	Wednesday 18 th -Friday 20 th June	Details to follow
PTA Non-uniform Day	Friday 27 th June	Non-uniform day-tombola donation
PTA Summer Fair International Day	Friday 4 th July 3.15-6pm	Non-Uniform day- wear your culture attire <i>Volunteers and helpers required to help at the fair</i>
Year 6 Production	Wednesday 16 th July	For year 6 parents and carers; Hall/5pm
Meet the new class teacher/Open Evening	Tuesday 15 th July	3.15-5pm
Whole School Picnic	Thursday 17 th July	3.15pm-4.30pm -celebrate and bring your blanket and picnic goodies you wish to eat. Strictly NUT FREE please.
Year 6 Leavers Assembly	Friday 18 th July	For year 6 parents and carers; Hall/9-10am

Have a great week.

With my very best wishes,

Justina Paine

Headteacher