

**At Enfield Heights Academy, we are KIND, RESPECTFUL, RESILIENT and BRAVE.  
We are the Force for Positive Change.**

10<sup>th</sup> January 2025

Dear Parents and Carers,

**Happy New Year 2025 and welcome back to all of you in our wonderful school community!**

We hope you all had a lovely break. The children have settled back into school well and have made a great start to their learning. We look forward to another fantastic term!

The start of a new year is often the time when people make new year resolutions; promises to themselves about the good things they want to do for a number of different reasons.



Last Tuesday in my 'Welcome Back Assembly', I shared with the children the story of a brave snowdrop. The Snowdrop was very determined to grow and stretch out of her bulb despite the freezing cold North wind of the dark winter.

Please ask your child about the story and the pictures above. I hope they will be able to tell you that snowdrops come out very early in the New Year; they are a sign that spring is coming. They are a sign of hope and new beginnings and a promise of good things to come.

We all thought how we could be like a snowdrop in our hearts and minds- brave, resilient, determined and wanting to grow. We thought how we could be like a snowdrop in our learning at school and decide on one good thing that we would like to improve this year.

Good Luck everyone!

**Spring Term 1 Curriculum webs**

All curriculum webs are uploaded on to Enfield Heights' website every half term to enable parents to keep up to date with what the children are learning in each year group each half term. You can find them by going to Learning > Curriculum > the relevant Year Group > Spring 1.

<https://www.enfieldheightsacademy.org.uk/curriculum>

**Spring Term Clubs – week commencing Monday 13th January**

The Spring term clubs will start on Monday 13<sup>th</sup> January. For sports clubs, please make sure that you are sending the children in with the relevant kit. There are still many spaces available in different clubs that our EHA team is dedicated

to run for the children. Please check on Arbor or enquire at the school's office. Our new lunchtime Choir club (free) that will be run by one of our music specialists, Mr Merritt-Hall, has still got lots of spaces.

**Message from Local Health Team – helping you get the care you need**

A&Es across Enfield are under significant pressure, with a high number of flu cases, particularly among children and young people.

- **Flu cases are currently very high in Enfield. If you think you or your child may have flu**, find out what steps to take: [flu symptoms in children and young people](#) and [flu advice for adults](#)
- **It's not too late to get vaccinated.** If you are [eligible for a flu jab](#), contact your GP or [book an appointment at your local community pharmacy](#). Has your child missed their flu vaccination at school? [Find catch-up clinics in Enfield](#)
- **Your GP practice is here to help as usual. We have made additional evening and weekend GP appointments** available throughout winter for adults and children across Enfield. [Find out how to book](#)
- **Your local pharmacist** can provide expert advice and medicines for minor health conditions – and you don't need an appointment. Find out about the services pharmacies offer: [Think Pharmacy First](#)
- **NHS urgent treatment centre or walk-in centres** can help with urgent, but non-life threatening, injuries or illnesses. This might be sprains and strains, suspected broken bones, injuries, cuts and bruises, stomach pain, vomiting and diarrhoea, skin infections and rashes, or high temperatures. [Find details of local centres](#)

Find out more about how to get the care you need from [Your Local Health Team](#).

**Online Safety**

There have been an increasing number of children accessing inappropriate games and websites online. Please ensure you are monitoring any devices your children have access to and are setting boundaries around the time they spend on them.

Recent research from Ofcom (2023) highlighted that 87% of 3–4-year-olds go online (an increase from previous years' data), with 92% of children in this cohort watching videos on streaming sites such as YouTube. Biggest increase in concerns of children being coerced into taking sexual imagery of themselves, is within the 7–10-year-old group, where there has been a 360% increase of such concerns compared to the previous year's data. Most of this imagery (78%) is created without an abuser physically present, meaning children are usually using a device alone in their bedroom – a place where parents would consider children to be safest.

**These are frightening statistics. Stay informed. COME to our SAFER INTERNET Information workshop on Thursday 13<sup>th</sup> February at 9-10am in the school hall.** This session, run by ECP Safeguarding consultant will be exploring apps, gaming trends, cyberbullying, uncovering the reality of social media's impact on mental health, the risks of sharenting, and grooming.,

THIS IS A VERY IMPORTANT SESSION; please ATTEND.



**Travel for Life- we are going for GOLD again!**

TfL Travel for Life is an accreditation programme supporting the next generation of Londoners to travel towards a brighter, safer and more sustainable future. EHA holds Gold Award which expires this year. Miss Cooper and all EHA children are working on retaining our gold! Please look below at our WALK TO SCHOOL MAP. You can get a copy of it at school's office. I hope you enjoy your walk to school!

Transport for London  
Travel for Life  
[travelforlife.tfl.gov.uk](http://travelforlife.tfl.gov.uk)



Enfield Council supports schools to become accredited.

The TfL Travel for Life scheme encourages active, healthy, safe and sustainable travel to school.

Through Travel for life, we aim to reduce the number of car journeys to school to reduce congestion and pollution, and to make the roads safer for children. Walking, scooting or cycling for all or part of the way to school is a great way to fit in exercise for children at the start of the day. It also helps them arrive at school awake, alert and ready to learn.

#### Did you know?

- 69% of Enfield's pupils live within 1 mile of their school
- It only takes 20 minutes to walk 1 mile, or 6 minutes to cycle
- You breathe in cleaner air when walking and cycling compared to when travelling by car

Walking, wheeling, scooting and cycling are fun and healthy ways to get to school. You can also travel actively by using public transport for part of your journey, or the 'Park and Stride' way!

#### Get Going

Enfield Council's Journeys and Places programme offers a range of free activities and services to support you to travel actively, including Dr Bike and cycle skills training.

#### The Green Cross Code

1. Find a safe place to cross then stop
2. Stand on the pavement not the kerb
3. Look all around for traffic and listen
4. If traffic is coming, let it pass, look all round again
5. When there is no traffic walk carefully across the road



Find out more at  
[journeysandplaces.enfield.gov.uk](http://journeysandplaces.enfield.gov.uk)

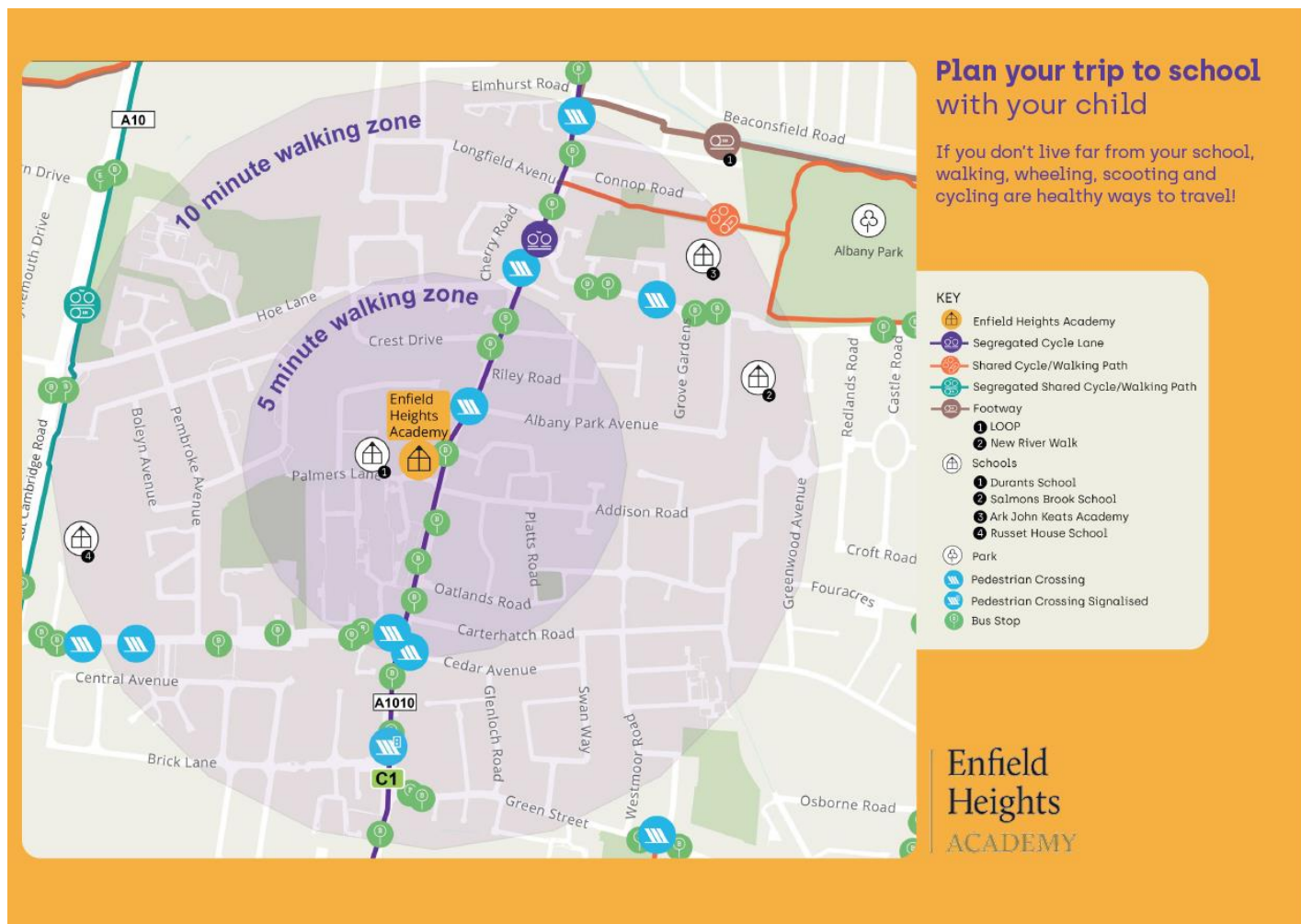
## Enfield Heights Academy Getting to School Map



Wheel and scoot

**journeys & places**





## Plan your trip to school with your child

If you don't live far from your school, walking, wheeling, scooting and cycling are healthy ways to travel!

### English language Classes for parents and carers

Beleyu Muluneh from our Community Outreach Team is going to continue the English Language class on Thursdays from 2pm to 3pm in the Meadow room. Please let the school office know if you are interested to attend. The first session starts next Thursday 16<sup>th</sup> January 2025.

### Class assembly for Year 4 and Year 5 parents and carers

Year group	Date/Time
Year 4	Thursday 6 <sup>th</sup> February
Year 5	Friday 31 <sup>st</sup> January

### Community Coffee Meet Up 23<sup>rd</sup> January : Healthy Relationships

Please note that our next community meet up will be on Thursday 23<sup>rd</sup> January at 9-10am at school. It will be dedicated to Healthy Relationships and run by TENDER as part of RE:SET programme that supports us in gaining accreditation to become HEALTHY RELATIONSHIPS CHAMPION SCHOOL.





## Parents and Carers Sessions on Relationships Education

Enfield Heights is working with Tender Education and Arts this academic year to become a  
Healthy Relationships Champion School!

RESET is their Healthy Relationships programme, and they are supporting us to deliver  
relationship education sessions throughout the school. They will also be supporting families  
in how to talk to children about healthy relationships.

Please join us for 2 x in person and 1 x online sessions where Tender will be hosting parent  
and carer information sessions on the following dates:

### Information Session 1: Healthy Friendships & Relationships

23<sup>rd</sup> January 2025: 9-10am (in person coffee morning at school)

### Information Session 2: Supporting Children to Manage Their Emotions

20<sup>th</sup> March 2025 -9-10am (in person coffee morning at school)

### Information Session 3: Change and Transitions

20<sup>th</sup> March 2025 -4-5pm (online via Zoom)

To sign up please talk to Miss Cooper or ask at school office.

To find out more about RE:SET, please visit [www.tenderreset.org.uk](http://www.tenderreset.org.uk)

To find out more about Tender, please visit [www.tender.org.uk](http://www.tender.org.uk)

Thank you!



## REMINDER -Correct Uniform

Please remember that all children must wear the correct school uniform from YR-Y6. We expect children to adhere to the school's uniform policy. You can find a quick reminder of our school uniform requirements in my previous communication [here](#). This includes all the items of uniform and ways to purchase them. Please ensure that all parts of your child's uniform are clearly labelled. Children are required to wear a white shirt **not a polo T-Shirt**. As we entered winter months, please ensure that your child is wearing a dark coat, hat, scarf and gloves to keep them warm.



## Attendance and Punctuality

Our goal is for every child to be in school every day, arriving on time ready for an 8.45am start. In line with government expectations, we will continue to monitor pupil attendance and offer our support where attendance is beginning to drop. Good attendance is considered to be **96%** and above but please be aware that each day is made up of two sessions, morning and afternoon, and so 2 days absence can soon drop attendance down to 98%.

We know that illness is part of everyday life, especially now during winter months. We are also aware that some learners struggle to come to school, have had reduced timetables to settle into their first year of school or strategies in place to help them cope. This is all taken into account. If you are needing any help or support with helping your child to attend school, please do get in touch so that we can support you.



## Dates for your diary

Throughout January, Mrs Ubor, our Maths Lead and class teachers will be running a set of Maths workshops and class visits. This will be a great opportunity to learn with your child in their class following a short presentation in the hall. Please see dates below.

Year Group	Workshop	Date and Time
Reception	Story Time!	Thursday 8 <sup>th</sup> May (2:30-3:15pm) Hall

	An interactive story session for parents/carers with their children	
<b>Reception</b>	<b>Maths Workshop</b> An Introduction to 5 counting principles and how maths in reception prepares children for National Curriculum in Year 1	Tuesday 4 <sup>th</sup> February (9-10am) Hall
<b>Year 1</b>	<b>Maths Parent Workshop and Class Visit</b> A workshop followed by a Maths activity with your child in the classroom	Friday 24 <sup>th</sup> January (9-10am)
<b>Year 1</b>	<b>Story Time!</b> An interactive story session for parents/carers with their children	Friday 9 <sup>th</sup> May (2:30-3:15pm) Hall
<b>Year 1</b>	<b>Phonics Screening Test Parent Meeting</b> An explanation of what the Phonics Screening Test looks like for your child	Friday 25 <sup>th</sup> April (9-10am) Hall
<b>Year 2</b>	<b>Maths Parent Workshop and Class Visit</b> A workshop followed by a Maths activity with your child in the classroom	Monday 27 <sup>th</sup> January (9-10am)
<b>Year 3</b>	<b>Maths Parent Workshop and Class Visit</b> A workshop followed by a Maths activity with your child in the classroom	Thursday 30 <sup>th</sup> January (9-10am)
<b>Year 4</b>	<b>Maths Parent Workshop and Class Visit</b> A workshop followed by a Maths activity with your child in the classroom	Monday 20 <sup>th</sup> January (9-10am)
<b>Year 4</b>	<b>Multiplication Tables Check (MTC) Parent Meeting</b> An explanation of what the MTC Check looks like for your child	Thursday 27 <sup>th</sup> February (9-10am) Hall
<b>Year 5</b>	<b>Maths Parent Workshop and Class Visit</b> A workshop followed by a Maths activity with your child in the classroom	<b>Change of date to Friday 7<sup>th</sup> February 9-10am</b>
<b>Year 6</b>	<b>Maths Parent Workshop and Class Visit</b> A workshop followed by a Maths activity with your child in the classroom	Thursday 16 <sup>th</sup> January (9-10am)
<b>Year 6</b>	<b>SATs information morning</b>	Monday 10 <sup>th</sup> March (9-10am) Hall

#### Other Key Dates for your diary

Key Events	When	Notes for Parents
<b>Online Safety Day</b>	<b>Thursday 13th February</b>	<b>workshops for children and online safety meeting for parents 9-10am</b>
World Book Day	Thursday 6th March	<b>Dress up day-more details to follow</b>
Comic Relief	Friday 15th March	<b>Non-uniform day tbc</b>
Parents Consultations	Thursday 27 <sup>th</sup> March	<b>School closes at 1pm-no afterschool clubs</b>

Daffodil Breakfast (Year 1+2)	Thursday 3 <sup>rd</sup> April	Hall 9.15-10.15am -Parents/Cares Welcomed
Whole school Cuban Percussion Workshop	Tuesday 22 <sup>nd</sup> April	Lunch in the classrooms (sandwiches)
Spanish Language Day	Wednesday 23 <sup>rd</sup> April	<i>Non-uniform day (details to follow)</i>
Sports Day Reception	Monday 24 <sup>th</sup> June	Afternoon- Exact times to be confirmed/Muga
Sports week	w/c 16 <sup>th</sup> June	Exact dates/ times to be confirmed/Field
Year 6 Residential Trip to Danbury	Wednesday 18 <sup>th</sup> -Friday 20 <sup>th</sup> June	Details to follow
PTA Non-uniform Day	Friday 27 <sup>th</sup> June	Non-uniform day-tombola donation
PTA Summer Fair International Day	Friday 4 <sup>th</sup> July <b>3.15-6pm</b>	Non-Uniform day- wear your culture attire <i>Volunteers and helpers required to help at the fair</i>
Year 6 Production	Wednesday 16 <sup>th</sup> July	For year 6 parents and carers; Hall/5pm
Meet the new class teacher/Open Evening	Tuesday 15 <sup>th</sup> July	3.15-5pm
Whole School Picnic	Thursday 17 <sup>th</sup> July	3.15pm-4.30pm -celebrate and bring your blanket and picnic goodies you wish to eat. Strictly NUT FREE please.
Year 6 Leavers Assembly	Friday 18 <sup>th</sup> July	For year 6 parents and carers; Hall/9-10am

Have a great weekend.

With my very best wishes,

*Justyna Powne*

Headteacher